









- 和心理干预对远航官兵身心健康的影响[J]. 解放军预防医学杂志,2010,28:42-43.
- [17] 崔丽萍,闫大钧,侯艳红,陈晓菲,刘佳. 远航官兵的心理特征及干预措施探讨[J]. 海军医学杂志,2014,35:484-485.
- [18] 徐利平,宋海燕,苏倩,唐艳超. 影响海军艇员心理健康的因素及预防对策[J]. 解放军护理杂志,2015,32:61-63.
- [19] UDELL C J, RUDDY J L, PROCENTO P M. Effectiveness of acceptance and commitment therapy in increasing resilience and reducing attrition of injured US navy recruits[J/OL]. *Mil Med*, 2018, Mar 6. doi: 10.1093/milmed/usx109. [Epub ahead of print]
- [20] 梁勇,王丽杰,程祺,严进. 团体心理咨询对军事应激条件下军人应对方式和状态-特质焦虑的影响[J]. 第二军医大学学报,2008,29:1251-1252.
- !! LIANG Y, WANG L J, CHENG Q, YAN J. Effects of group counseling on coping style and state-trait anxiety in serviceman under military stress[J]. *Acad J Sec Mil Med Univ*, 2008, 29: 1251-1252.
- !! [21] 胡金明,郑良成,常大川,仇建国,包旭芳,林军. 综合睡眠干预对远航官兵睡眠和疲劳的影响[J]. 华南国防医学杂志,2015,29:376-378.
- [22] 张晓敏,崔轶,张水森,蔡文鹏,邓光辉. 心理弹性、认知情绪调节策略与海军官兵疲劳反应的关系[J]. 第二军医大学学报,2017,38:1572-1576.
- ZHANG X M, CUI Y, ZHANG S M, CAI W P, DENG G H. Relationship between resilience, cognitive emotion regulation strategies and fatigue reaction of navy soldiers[J]. *Acad J Sec Mil Med Univ*, 2017, 38: 1572-1576.
- [23] 张水森,李新利,崔轶,蔡文鹏,邓光辉. 领悟社会支持和海军官兵急性应激反应的关系:心理弹性的中介效应[J]. 第二军医大学学报,2017,38:234-238.
- ZHANG S M, LI X L, CUI Y, CAI W P, DENG G H. Relationship between perceived social support and acute stress reaction of naval soldiers: mediating effect of resilience[J]. *Acad J Sec Mil Med Univ*, 2017, 38: 234-238.
- [24] 吴凤芝,李峰,宋月晗,马捷,毛萌,刘燕,等. 海军指战员心理健康状况研究现状[J]. 现代生物医学进展,2014,14:353-357.
- [25] 郑兴锋,田泾,雷蕾,蒙德鹏,余丽群,杨宁. 从美国海军独立看护兵的培训浅析我国舰艇军医的教育培训[J]. 第二军医大学学报,2018,39:314-318.
- ZHENG X F, TIAN J, LEI L, MENG D P, YU L Q, YANG N. Enlightenment for surgeon training in Chinese navy warship troops from independent duty corpsman in U.S. Navy[J]. *Acad J Sec Mil Med Univ*, 2018, 39: 314-318.
- [26] 吕奕鹏,薛晨,葛阳,刘威,张鹭鹭. 远航官兵心理健康影响因素结构方程模型分析[J]. 第二军医大学学报,2016,37:1007-1011.
- LU Y P, XUE C, GE Y, LIU W, ZHANG L L. Structure equation model analysis of navy soldiers' mental health during long distant sailing[J]. *Acad J Sec Mil Med Univ*, 2016, 37: 1007-1011.

[本文编辑] 尹茶